

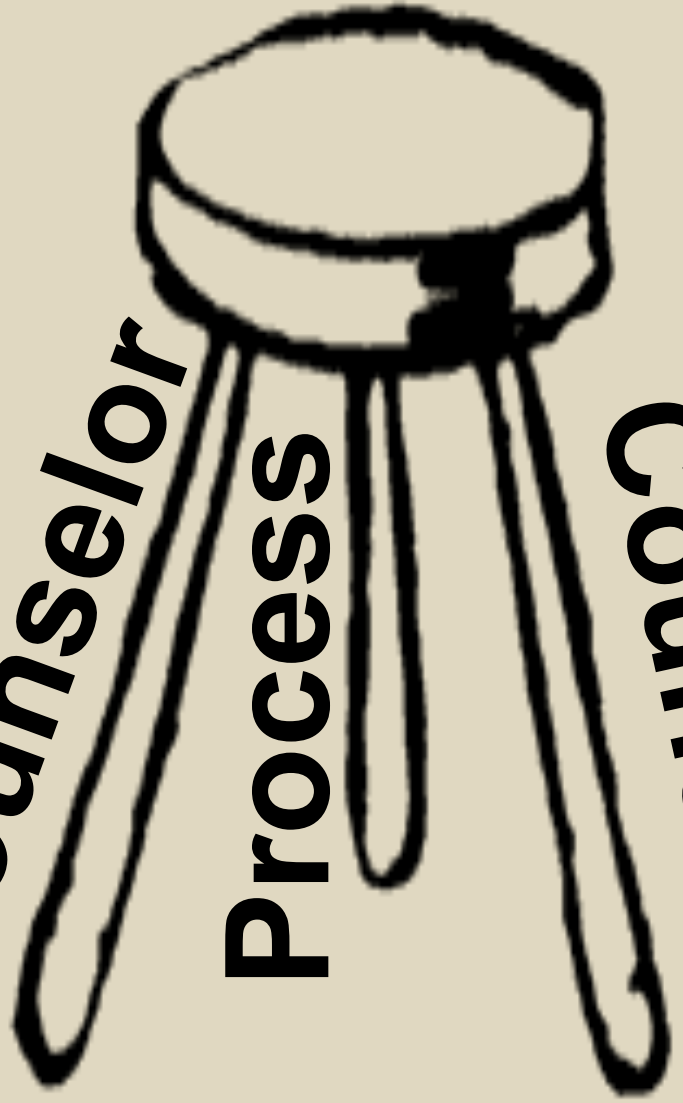
3 RULES OF THUMB

Lessons learned
from using
Scripture in the
counseling room

Counselor

Process

Counsel



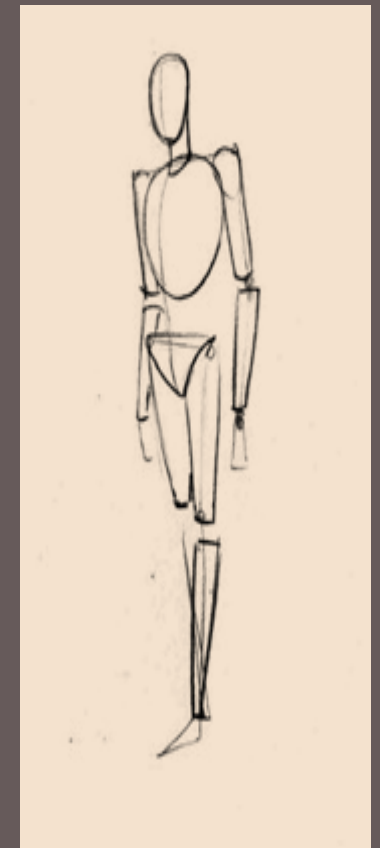
Scripture
forms the
counselor

And we all...
...are being transformed
into the same image...

■ 2 Corinthians 3:18

Imitate me,
as I imitate Christ

■ 1 Corinthians 11:1



Who are you to pass judgment on the servant of another?

□ Romans 14:4

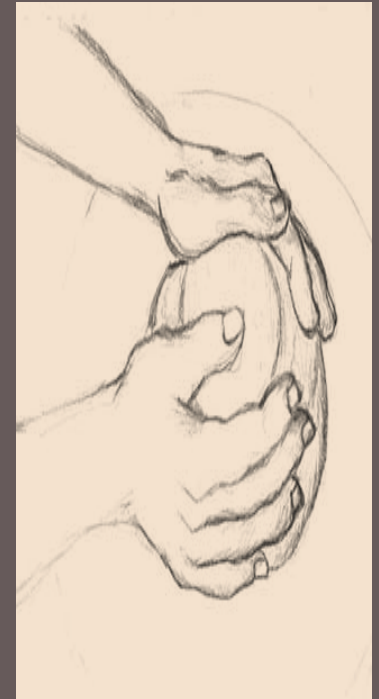
I have become...
so as to win...

□ 1 Corinthians 9:20-23

...admonish the unruly,
encourage the fainthearted,
help the weak...

□ 1 Thessalonians 5:15

Scripture
shapes the
counseling
process



...profitable for teaching,
correcting, and training...

■ 1 Timothy 3:16b

...everything that was
written in the past was
written... that we might
have hope.

■ Romans 15:4

Scripture
offers
true
counsel



THREE RULES OF THUMB

RULE
OF
THUMB
#1

■ Be a safe
person



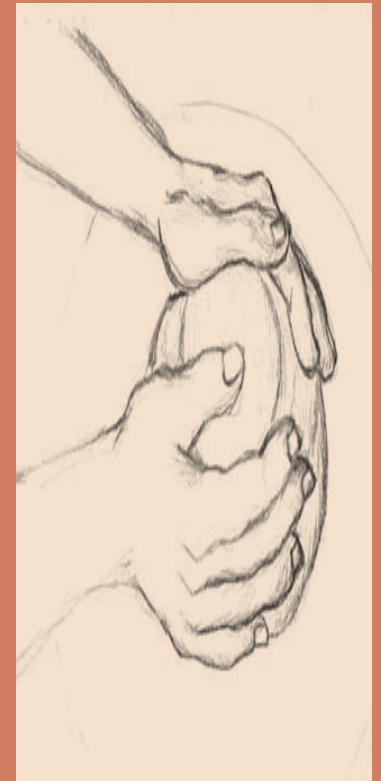
1. Attending: be present with the person
2. Acknowledging: work to understand the person's experience

WHAT
DOES THIS
LOOK LIKE?



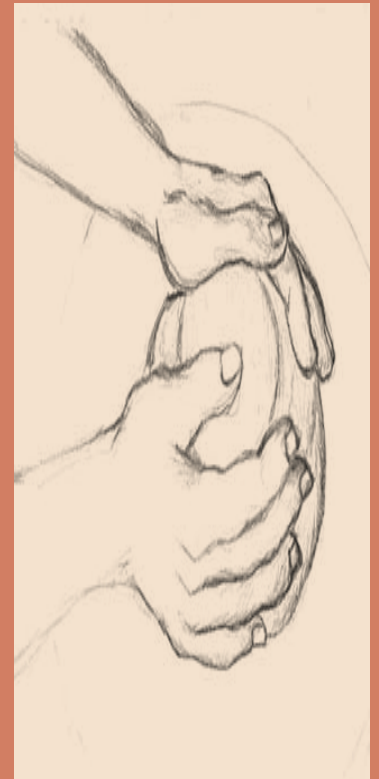
RULE
OF
THUMB
#2

■ Confrontation doesn't
need to feel like
confrontation



1. Confrontation as question-asking
2. Confrontation as dissonance
3. Confrontation as a surprising kindness

WHAT
DOES THIS
LOOK LIKE?



RULE
OF
THUMB
#3

- Find an organizing scriptural theme, metaphor, or passage and wear it out





WHAT ARE
YOUR
RULES OF
THUMB?