

Parenting an Angry Teen Who Won't Communicate

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Introduction: Father's' Day

- A. Under attack in a cave (Ps 57)
- B. David's commitment
- C. My hopes for this breakout

I. God's joy for you in the "storms of destruction" (Ps 21:6)

- A. Will make you stable
- B. Will enable you to persevere
- C. Will guide you to wise responses
- D. Will empower your actions by prayer
- E. Will open you up for help from Christ's church

II. A biblical strategy to face the waves of the "storms of destruction"

- A. Use the riptide of your parental identity
- B. Use the riptide of your teen's identity
- C. Use the riptide of respect (accountability)

III. Wisdom to face the waves and allow your teen to sink

- A. Making the water deep: clarifying privileges and rights
- B. Making the water deeper: connecting privileges and choices
 - 1. The power approach
 - 2. The respectful approach
 - 3. Common teen excuses
- C. Making the water deepest: connecting privileges to respectful attitudes

IV. Develop a plan to communicate to your angry teen

- A. Pray
- B. Review motive and identities
- C. Summarize key concepts: respect, freedom of choice, rights, privileges
- D. Keep it simple
- E. Review it in two weeks

V. From our experience:

- A. Pray and weep!
- B. Be loving and respectful!

- C. Be open to help from others.
- D. Be faithful in other relationships.
- E. Seek forgiveness.
- F. Persevere in hope.
- G. Be glad with the joy of his presence! (Ps 21:6)