



**“Who am I now?”: A Loss of Identity**  
Robyn Huck  
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Introductions and identity—the connections behind what is said

Lost identity—how it happens, what it feels like

Case study: The big sister

“What do I do now?”

“I’ve lost my purpose.”

“I don’t know who I am anymore.”

Instability happens more now than ever before

Case study: West Virginia—an example of a “sturdy” life

Case study: Suburbia—an example of a “hub” life

Case study: Back from Iraq—an example of a “stretched” life

Case study: Home schooling—an example of a “designated” life

Help the lost soul reestablish context

Identify what was lost and what was not

Grieve the losses and find God's provisions for the future

Give concrete meaning to intangible thoughts—the magic of metaphors

Case study: Joseph

Conclusion

Sturdy lives of integrity and faith are needed

Put God back in the seat of authorship and ownership