

Grief Undone: Walking through Grief alongside the Spirit

Elizabeth Groves

- I. Introduction

- II. Denial
 - A. Scripture

- III. Ache/Loss/Emptiness
 - A. Snapshots

 - B. Can we take that to the Lord?

 - C. Scripture

 - D. Benefits of processing it with him

- IV. Anger
 - A. Snapshot

 - B. Can we take that to the Lord?
 - 1. Dialogue vs “venting”

 - C. Anger at circumstances
 - 1. Scripture

 - D. Anger at sin
 - 1. Scripture

E. Benefits of processing it with him

V. Powerlessness and Anxiety

A. Powerlessness

1. Snapshots
2. God's power
3. Can we take that to the Lord?
4. Scripture
5. Benefits of processing it with him

B. Anxiety

1. Snapshots
2. Can we take that to the Lord?
3. Scripture
4. Benefits of processing it with him

VI. Conclusion